

# OTTER TRAIL GUIDE

## TIDES MAY 2024

### DAY 1

**HUT:** Ngubu  
**DISTANCE:** 4.8 km  
**TIME:** 3.5 hours

**NOTES:**  
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

### DAY 2

**HUT:** Scott  
**DISTANCE:** 7.9 km  
**TIME:** 5.5 hours

**NOTES:**  
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

### DAY 3

**HUT:** Oakhurst  
**DISTANCE:** 7.7 km  
**TIME:** 5.5 hours

**NOTES:**  
Keep costume and sandals close to hand for two river crossings.

### DAY 4

**HUT:** Andre  
**DISTANCE:** 13.8 km  
**TIME:** 8 hours

**NOTES:**  
Major river crossing at Bloukraans River\*. See Profile Map below.

### DAY 5

**HUT:** De Vasselot  
**DISTANCE:** 8.8 km  
**TIME:** 3 hours

**NOTES:**  
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

\* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

**Please note:** This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low Tide
1	0702	1748	0900	2230	0238	1512
2	0703	1747	1105	----	0457	1739
3	0704	1746	0007	1231	0625	1848
4	0704	1745	0104	1328	0718	1934
5	0705	1744	0150	1415	0803	2014
6	0706	1743	0234	1458	0844	2053
7	0707	1742	0315	1540	0923	2131
8	0707	1741	0356	1619	1001	2208
9	0708	1740	0435	1657	1038	2246
10	0709	1740	0514	1734	1114	2324
11	0710	1739	0551	1810	1149	----
12	0710	1738	0628	1848	0004	1225
13	0711	1737	0708	1931	0047	1304
14	0712	1736	0756	2033	0141	1352
15	0713	1735	0911	2235	0307	1504
16	0714	1735	1106	2359	0516	1707
17	0715	1734	1220	----	0622	1821
18	0716	1733	0048	1310	0705	1906
19	0716	1733	0125	1350	0740	1942
20	0717	1732	0159	1426	0813	2014
21	0718	1731	0231	1459	0844	2046
22	0719	1731	0304	1533	0915	2118
23	0719	1730	0337	1606	0946	2151
24	0720	1730	0411	1640	1019	2226
25	0721	1729	0446	1715	1053	2304
26	0722	1729	0524	1752	1129	2345
27	0722	1728	0605	1835	1209	----
28	0723	1728	0651	1926	0033	1254
29	0723	1727	0745	2032	0130	1348
30	0724	1727	0853	2156	0243	1456
31	0724	1727	1018	2318	0415	1628

## THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. [www.theotter.co.za](http://www.theotter.co.za)

